



DIANE WALDER
DERMATOLOGY
by RIVERCHASE

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POST CHEMICAL PEEL INSTRUCTIONS

- 1) If your face feels too tight on the first (1st) day, apply a moisturizer.
- 2) If there are no contraindications, you may take two Aspirins or Tylenols when you reach your home.
- 3) Starting the morning after peel, gently wash your face with Dove or Purpose gentle cleansing wash or a mild cleaner.
- 4) Apply a moisturizer to your face at least two times a day.
- 5) Do Not cut or pull off any excess loose skin.
- 6) Strict avoidance of sun is essential.
- 7) If you have any problems, please call the office.