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### **Preparing for Your Mohs Skin Surgery**

Please do not make any plans or appointments during the day of surgery. You may be in the office anywhere from 2 to 6 hours. AFTER SURGERY. There will be post-operative follow-up. It is best to remain in the local area (if possible) for 10 – 14 days after the procedure. LET THE DOCTOR KNOW IF YOU CANNOT DO THIS.

#### **The night before and the morning of surgery:**

- Don't have ALCOHOL (wine, beer, liquor) from one week before until one week after surgery.
- Eat a regular breakfast the morning of the surgery and shower and shampoo.

#### **What to wear:**

- Old shirt with buttons (not a pullover). Warm socks and multiple layers
- Do not wear jewelry. If you are having facial surgery, do not wear make up

#### **What to bring:**

- BRING ALL your medications in their bottle to show the doctor.
- Bring a snack to eat.
- You MUST have a person to drive you from the doctor's office after the person. One person may keep you company in the reception area or we can call you a ride to pick up one half hour before you are ready to leave.

#### **MEDICATIONS**

- TAKE ALL your prescribed medications unless your doctor tells you not to.
- STOP all herbs, vitamin E, niacin, multivitamins or non-steroidal anti-inflammatory medicines (Motrin, Aleve, Advil, Bufferin, Naproxen, etc). These can all cause bleeding.
- If you have a history of ARTIFICIAL HEART VALVES, JOINT REPLACEMENT or ENDOCARDITIS, you should check with your Primary Care Physician about taking antibiotics before the procedure.

#### **ASPIRIN AND BLOOD-THINNERS:**

If your doctor has prescribed Aspirin for your heart, TAKE THE ASPIRIN AS YOUR DOCTOR SUGGESTED UNLESS YOUR DOCTOR GIVES YOU PERMISSION TO STOP ASPIRIN 2 WEEKS BEFORE SURGERY.

If your doctor has prescribed Aspirin for "prevention", PLEASE ASK YOUR DOCTOR IF YOU CAN STOP ASPIRIN AT LEAST 2 WEEKS BEFORE SURGERY.

If your doctor has prescribed Coumadin, Warfarin, Plavix, Lovenox or other anti-coagulants, PLEASE CONTINUE THESE MEDICATIONS BEFORE SURGERY. If you take Coumadin, please send your last INR lab check.

Please ask if you have any questions before, during or after surgery. We want to work together with you to make your surgery successful. For further details about Mohs Surgery, please watch this video:

[https://www.youtube.com/watch?v=W5Paup\\_-S4A](https://www.youtube.com/watch?v=W5Paup_-S4A)