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**LASER GENESIS PRE & POST CARE INSTRUCTIONS**

For best results, please follow these instructions **BEFORE** your **LASER GENESIS** treatment

1. Do not wear make up to your treatment
2. Avoid any irritants to your skin, such as any products containing **TRETINOIN, RETINOL, BENZOYL PEROXIDE, GLYCOLIC/SALICYLIC ACIDS, ASTRINGENTS** or **VITAMIN C** for one week before you treatment.
3. Do not wax, tweeze or use depilatory creams on treatment areas for 1 week prior to your treatment to avoid skin irritation.
4. If you have received any injectables (**BOTOX, RESTYLANE**, etc), it is recommended by most practitioners to wait at least two weeks before having Laser Genesis.
5. If you have received any chemical peels (glycolic, salicylic, etc) it is recommended by most practitioners to wait at least two weeks before having Laser Genesis.

**AFTER** your **LASER GENESIS** treatment

1. Avoid direct sun exposure and tanning beds to treated areas after treatment (*this is recommended indefinitely*). Daily broad spectrum sunscreen with at least SPF 30 is vital to maintain your improved skin.
2. Avoid any irritants to your skin, such as any products containing **TRETINOIN, RETINOL, BENZOYL PEROXIDE, GLYCOLI C/SALICYLIC ACIDS, ASTRINGENTS** or **VITAMIN C** for 24-48 hours after your treatment.
3. Do not wax, tweeze or use depilatory creams to the treated areas for 24-48 hours after your treatment.
4. If you do not need make-up for the evening of the treatment, wait until the next morning.