

DIANE WALDER, M.D.,P.A.
DIANE WALDER, M.D.
STACY CHIMENTO, M.D.
LUCY CHEN, M.D.
1111 Kane Concourse, Suite 100
Bay Harbor Island, FL 33154
(305) 866-2177

POST CHEMICAL PEEL INSTRUCTIONS

1. If your face feels too tight on the first (1st) day, apply a moisturizer.
2. If there are no contraindications, you may take two Aspirins or Tylenols when you reach your home.
3. Starting the morning after peel, gently wash your face with Dove or Purpose gentle cleansing wash or a mild cleanser
4. Apply a moisturizer to your face at least two times a day.
5. ***“Do Not”*** cut or pull off any excess loose skin.
6. Strict avoidance of sun is essential.
7. If you have any problems, please call the office.