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BLU- U LITE POST CARE INSTRUCTIONS

For best results, please follow these instructions **AFTER** your **BLU-U LITE** treatment

1. You **MUST** wear sunscreen containing zinc after the procedure and for the next 2 weeks.
2. You **MUST** wear a wide brim hat at least 5” diameter.
3. You **MAY NOT** have exposure to sunlight or bright light for 48 hours after procedure, sunscreens will not protect against photosensitivity reactions caused by visible light during this time.
4. You should stay indoors as much as possible for **48 hrs** following procedure
5. If anti-viral medication needed you **MUST** complete your Prescription
6. If you are uncomfortable after procedure you may take 1 Aleve every 8 hrs

MOST COMMON SIDE EFFECTS

1. Burning/stinging, which could be severe, may last up to 24 hours after your **BLU-U** treatment
2. Redness and swelling which could be severe, may last up to 24 hours after you **BLU-U** treatment
3. Scaling/crusting, this may last up to 4 weeks after your **BLU-U** treatment.