

INDULGE

Miami Herald

OCTOBER 2016

THE FASHION ISSUE

DRESS YOUR BEST THIS FALL

+ MIAMI DESIGNERS GET INSPIRED

MIRACLE MILE'S MOST
ELEGANT NEW BOUTIQUE

STYLE TIPS FROM
MODELS AND CEOS

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PUBLIC RELATIONS & SPECIAL EVENTS

INDULGE

the local BEAUTY

By Jennifer Scruby



My BEAUTY BLACK BOOK

"I'm obsessed with a 'beat face,'" confesses Miami-based model **Jaimie Hilfiger**, using the insider term for makeup that's perfectly done and on point. But her complexion doesn't always cooperate. "My dermatologist says I have the most sensitive skin she's ever seen. It reacts to everything: the sun, the weather, spicy food, stress — you name it."

With that in mind, Hilfiger — the niece of designer Tommy Hilfiger — has teamed up with high-performance skincare company **La Curcio** to create treatments that are as soothing as it gets. "They're my lifesavers," Hilfiger said. "People always assume that, coming from a fashion family, I'm really into fashion. But beauty and cosmetics are my first love." Here, the rest of her current obsessions:



RED REMOVER
LA CURCIO ULTRA CALMING SERUM & MASQUE "My two favorite products. Apply a thin layer on your whole face or whenever you're red. The combination not only calms your skin but also tightens and minimizes lines, and results are immediate." lacurcio.com



FLOWER POWER
VERSACE EROS POUR FEMME "I love floral scents, especially this delicate jasmine and lemon blend. I bought it for the bottle, but it truly stays on all day." sephora.com



BARRE CODE
INNER BALANCE STUDIO "Unlike other pilates studios near the beach, this place isn't crowded, has great parking and offers tons of awesome classes all day long." 12579 Biscayne Boulevard, North Miami; 786-383-3888; innerbalancemindbody.com

LIGHT WAVES
V-BEAM FACIALS "I have rosacea, and these laser treatments help a lot. I get them from my dermatologist, Dr. Stacy Chimento. Treating red, sensitive skin is one of her specialties, and I feel like she really cares." 1111 Kane Concourse, Suite 1000, Bay Harbor Islands; 305-866-2177; dianewaldermd.com



PALE NAIL
ESSIE POLISH IN GLOW "I love white on my nails — it's so clean and not tired." essie.com



HEAD MASTERS
WARREN-TRICOMI SALON "I get highlights, cuts and blowouts." 7010 Collins Avenue, Miami Beach; 305-673-1111; warren-tricomi.com



GOLD STANDARD
PUREOLOGY NANO WORKS GOLD

BEAUTY HOUSE-CALL
GIZELLA MANZANO



LIGHT WAVES

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an ovarian tumor shocked to learn about the chemicals used in personal care products, and how they can impact our hormones and overall health." She spent the next few months in her kitchen, churning out all-natural soaps, skincare products, balms and lotions for family and friends. Now, with **Jacq's Organics**, she has the art of creating luxe, good-for-you skincare down to a science — and a cult following to boot. No wonder: Her line is filled with lush blends like Carrot Con Leche soap (made with vegan rice milk) and Green Smoothie Face Mask, a blend of natural clays and botanicals that's perfect for brightening sensitive but shine-prone skin. 754-300-6645; jacqsorganics.com



COTTONING ON

Fort Lauderdale businesswoman Sara Shake remembers hearing "one of those things you can't un-hear": that most tampons contain traces of toxins that can pass into the bloodstream. Not only is the cotton that's used in regular tampons treated with pesticides, it's also mixed with synthetic fibers and then bleached, a process that produces dioxin, a known carcinogen.

Around the same time, Shake had been getting hooked on the convenience of monthly subscription boxes, like Birchbox and Harry's. So Shake and her friend Jonna Piira (that's Piira on the left and Shake on the right) came up with an idea that combined the ease of a delivery service with a way for women to limit their exposure to chemicals.

Their new company, **Kali**, delivers to subscribers a monthly box of organic tampons and fresh towelettes, along with extras like coconut-sugar body scrub and rosewater mist. Bonus: For each box sold, Kali donates \$1 to Girl Up, the United Nations

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