

RADAR

Hot stuff celebs love

VISIT

Neil Patrick Harris tweeted about the way he recovered from too much partying on New Year's: The actor got together with pals for a hangover party. And instead of bloody Marys, guests were treated to an intravenous drip to rehydrate. Get your own fix locally with VitaSquad, a mobile IV nutritional therapy service administered by professional nurses, at Pure Pharmacy & Anatomy at 1220 gym/med-spa in Miami Beach. Packages from \$95. 855-GO-IV-SQUAD, vitasquad.com.

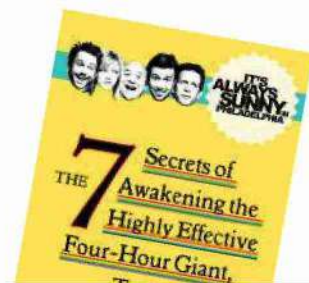


HARRIS

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READ

Start off your year getting some cheeky, PG-13 advice from the cast of "It's Always Sunny in Philadelphia." In "The 7 Secrets of Awakening the Highly Effective Four-Hour Giant, Today," via HarperCollins, the fictional Paddy's Pub gang of Charlie, Mac, Dennis, Sweet Dee and Frank weigh in on such topics as relationships, personal finance, career and grooming. There are even a few recipes. Out Tuesday on Amazon.



TRY

Help give your resolutions a liftoff with a new fat-zapping, FDA-approved procedure. Bal Harbour dermatologist Dr. **Diane Walder** is touting UltraShape, a noninvasive, non-surgical liposuction treatment that works with ultrasound technology. The outpatient procedure takes 45 minutes with zero recovery, she says. "UltraShape effectively treats the problem areas that my clients complain about most often: tummies, hips, thighs and even the back." For guys, too. Info: www.dianewaldermd.com or 305-866-2177.



CLICK

Ever dreamed of receiving red-carpet treatment? Here's your moment. The spanking new YVE Hotel in downtown Miami is offering a contest ideal for Hollywood watchers. Enter the "Red Carpet Giveaway" for a chance to win a six-night stay at the property, a cocktail named in your honor at the hotel's Biscayne Tavern, two tickets to the 32nd Annual Miami International Film Festival tribute night in March, plus a GoPro camera — to make your own movie. Enter by Friday at www.yvehotelmiami.com/redcarpet.

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